GAZINE

LEADERSHIP ISSUE JULY 2023

THE SPECIAL ISSUE

COVER GIRL

JEEN STELLA GERI DIKE

MISS ENVIRONMENT NIGERIA 2022

The Guinness **World Record** Breaker!

No Makeup Perfect Hair **Body Sculpting**

Models Share Their Challenges And Success Story.



Our magazine aims to promote and create awareness for models to gain exposure, recognition and attract attention of potential clients and brands.

FOURWALL

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EDITOR'S NOTE



LEADERSHIP ISSUE: The Beauty of Leadership.

Welcome the July Special Issue of Fourwall Magazine tagged LEADERSHIP ISSUE!

There are many different opinions surrounding beauty pageants. People try to argue that they give contestants the wrong impression about what 'beauty' should look like and what 'standards' women should be trying to achieve, but the pageant world is changing now more than ever.

Contestants are competing with more than just their looks. Things like character, talent, and service are all factors that are considered when choosing a winner. Through the experiences and opportunities contestants receive, personal growth is seen in things like: leadership, public speaking, and overall character.



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We also use channels such as commercial brands, spa centers, lounges, bars, hotels, supermarkets, hair saloons, shopping malls, local airplane and events.

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Effiong Hilda Bassey 20 September (born 1996), better known as Hilda Baci, is a Nigerian chef. restaurateur, actress, and the current holder of the Guinness World Record for marathon cooking (Cook-athon) with 93 hours 11 minutes, setting new record after surpassing Indian chef Lata Tondon 87 hours, minutes cooking 45 marathon in 2023.

Hilda was born on 20 September 1996, and she is from the <u>Nsit Ubium</u> Local Government Area of <u>Akwa Ibom State</u>.

She graduated with a degree in sociology from Madonna University, located in Okija, Rivers State. She was the host of Dine on a Budget, a television show that airs on Pop Central TV.

Baci embarked on a <u>culinary</u> education program, drawing inspiration from her mother, a culinary chef.

Hilda broke the record for longest cooking marathon by any individual hitting 87 hours 50 minutes above the previous record holder in 2019.

Guinness World Records has officially confirmed that Nigerian chef and restaurateur Hilda Baci has broken the record for the longest cooking marathon (individual) with a time of 93 hours and 11 minutes.

"Almost seven hours were deducted from her final total because she mistakenly took extra minutes for one of her rest breaks early on in the attempt."







EXCLUSIVE INTERVIEW WITH

QUEEN STELLA OGERI DIKE

MISS ENIVRONMENT NIGERIA 2022

Tell us about yourself?

y name is Stella Ogeri Dike. A native of Afikpo North Local government area of Ebonyi state. I'm the last child in a monogamous family of six.

I'm a law graduate and alumnus of Ebonyi state university, an environmental protection advocate, a fashionpreneur, humanitarian, beauty queen and commercial model. I'm one person who is multifaceted and can fit into diverse roles perfectly.

As an endowed young intellectual. I seek to explore every potential nature has blessed with and as well those I deliberately cultivate through handwork and perseverance.

As a fashion enthusiast, I'm the creative director of the Lavidluxe Clothing brand, a Nigerian based Bespoke/Ready to wear clothing and Leather Brand.

The founder of the R3 Green World Initiative, a non- governmental organization aimed at creating awareness on environmental protection using the Reuse, Reduce and Recycle techniques for a greener and healthier world free of plastics. My love for humanity has equally driven me to the path of humanitarian services, I currently run a Nonprofit Foundation named after my late mum who bears same name as me, 'The Stella Dike Foundation'. SDF was officially launched on the 7th of January 2020, ever since then has taken on life changing projects and impactful campaigns. My life has revolved around fashion, beauty, wholistic entertainment, law and social causes relevant to the society.

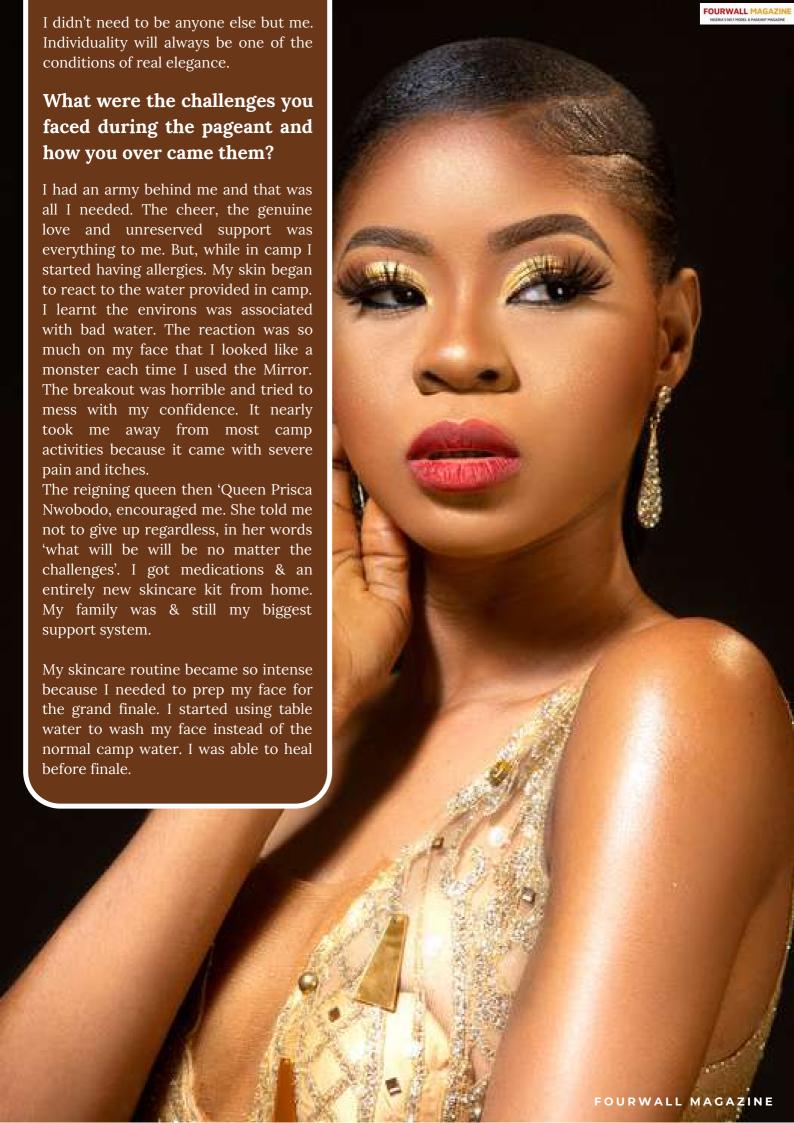
How did your journey in pageantry begins?

As a young growing girl child I heard and read a lot about Agbani Darego. The first Nigerian and black woman to win Miss World. She is so phenomenal & a role model to aspiring beauty queens. Her journey inspired me and I thought to myself that one day I will grace an international stage like her, representing not just myself but as well my country. At that time, I didn't know how but I was just curious. opportunity pop up during undergraduate days and I grabbed it. There was this pageant that was on at that time, a national pageant but wasn't popular. I saw it as a training ground. I knew for me to plunge into the bigger ocean, I could start with a pool, to at least learn the basics. The pageant was an eye opener for me. I learned and unlearned a lot. A year later, I felt I was ready to give another national pageant a shot, this time around a bigger one.

Then, registration for Miss Tourism Nigeria pageant was on, it was a TV reality show and we were to be on screen for a month.uhh! That was it for me. I emerged Miss Environment Nigeria in the pageant to represent the country the following year in India.

What would you say stood you out from others?

I met so many wonderful and purpose driven ladies at the Miss Tourism Nigeria boot camp. We were all unique in diverse ways. All I did was let my personality shine.



How was the bonding with other contestants?

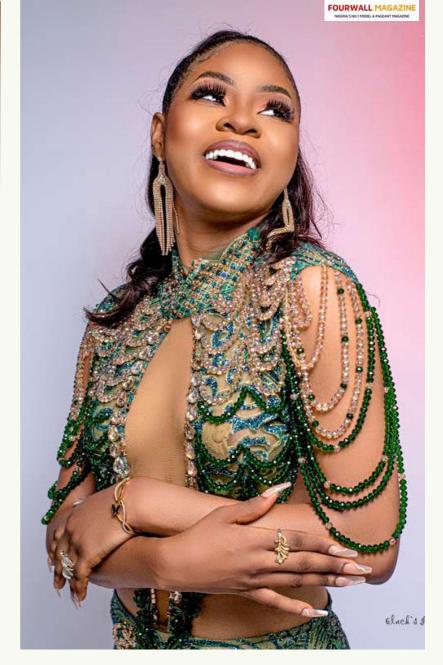
Like I said earlier, I met so many incredibly amazing young women in camp so it was easy to bond with them. I had my camp buddies. It's common among pageant girls. Once, you get into camp, there are always this set of girls that you just click with. Tho, I'm not a clique person. I'm more of a lone ranger, but I really had close friends that turned sisters both at the Miss Tourism Nig. Pageant & Miss Environment Intl. We still keep tabs on each other till date.

Share with us your experience during the Miss Environment Intl. held in India.

This is an adventure that I would say is one of the most challenging I have faced. It came with so many hurdles. I was a first timer on the international platform. Everything was new to me. Trust me, international pageants are on a whole different level from what we do here in Nigeria.

In as much as i desired to venture into the international stage, I knew it would come with challenges but what I didn't know was how much of it. Firstly, I faced Visa issues. I had a delay getting an India visa because then Nigeria still had a covid 19 ban on entry visa. Before I could get my visa approved i was already late into the competition. I had missed the sashing ceremony, welcome dinner, prelims and other interesting camp activities that equally had it scores. I arrived India 3 days to the grand finale. I had a lot to do in camp to cover up for my absence. They had already gone far with rehearsals and preparations for the grand finale.

In all I made the best use of my 3 days, I created impact and India felt the presence of Nigeria. I knew I had lost my chances to the crown due to the circumstances aforementioned. But I gained the gift of humans who fell in love with me and my dear country Nigeria & can't wait to visit Nigeria because of me.



The experience was worthwhile because it opened doors of opportunities to me. I learned and unlearned during my journey. Real life lessons that could take me through life.

How have winning this pageant impacted your life?

It has aided my growth. I'm not where I used to be 2-3 years ago. I have a new perception about life generally. I have been able to usurp some of the opportunities the crown and sash presented me with, met amazing people around the world, visited interesting places, enjoyed cultures and cuisines, that has kept me informed...uhmm! Pageantry never leaves anyone the same. It helps you level up & being a beauty queen is a whole new level.

How does it feel representing your country?

The feeling is so surreal. It's a rare privilege to represent one's country on an international stage, a life time opportunity that I'm thankful for.

Has been a beauty Queen clashed with your personality?

I will say yes. I'm an ambivert. I have a balance of Extrovert and Introvert features in mv personality. But as a beauty queen, you have to be more public than usual. A lot of social interactions and engagements. So you just have to fit in. After all, these are the responsibilities that comes with crown. My extrovert features has to play out bigger. I have lived this life for quite some time now & I can say that I'm totally okay. Moving with the tide and having fun while at it.

What project have embarked on since you were crowned?

Firstly, I set up an initiative to help drive my environmental protection advocacy. We have a lot in the pipeline. My team & 1 have been able to reach out to important organizations to partner with us on this cause. Some of our works are not public yet but will soon get them out for the world to see what we have been up to and queue in.

In beauty pageantry did you have any mentors?

Yes, but I wish not to disclose them for some personal reasons. I have equally worked with pageant and life coaches of which the phenomenal Nma Nwokolo is one.

What does the sash & crown symbolize to you?

The crown and sash symbolizes strength. This is because the crown and sash comes with a lot of responsibilities. For you to emerge as a beauty queen, your strength and resilience must have been tested and you are found fit for the job. Also, the crown symbolizes royal honour. That means, you are a role model & a transformational leader that people can look up to at time. It is leadership and through profound strength and honour.

What is your vision for the society and what impact have you made?

I dream of a society where there is social development and inclusion. opportunity for all irrespective of social background, religion, tribal difference etc. A society where destitute children can have same opportunity and privileges as kids from a wealthy background. This has led to the establishment of my foundation 'SDF'. will Ι contribute my quota to the society through this platform & I'm hopeful that many other well meaning Nigerians will take on this cause. protection is Environmental also a cause dear to my heart & relevant to the society. Environmental degradation has grave health implications.

The planet is currently struggling to keep up with our increased demand for natural resources which are grossly affected by climate change (global warming). The planet is in danger, joining voices with fulfilling the UN in objectives of SDG 13 is a step in the right direction. The R3 Green World Initiative is a channel i intend to use to drive advocacy and I decided to work with individuals minded and organizations on this cause beginning from my country Nigeria through campaigns & Eco-friendly projects.

How do you relax as you are quite busy with engagements?

Mostly, I have weekends to myself except when on vacation. I unwind with a good book at home, watch documentaries or go to the beach or a resort. I love nature a lot. So, inhaling sea breeze and soaking in the sun helps me get rid of stress.

Who is your ideal life partner?

(Smiles). A positively confident man, who is respectful and sensitive to me. Goalorientated, God fearing, hardworking and intelligent. He has to possess an irresistible masculine charm & a sense of responsibility.

How can interested brands or persons that want to work with you reach out?

Via my booking email; stelladyke14@gmail.com or the link in the bio of my social media handles. Instagram: @official_stelladike, Facebook: Stella Dike, Twitter/TikTok: @realstelladike, Youtube: @beingstella

Where do you see yourself in the next 5 years?

Leading a top fashion brand that will be recognized globally of cos. I see Lavidluxe taken on the fashion industry. I equally Intend to further my studies on environmental law & business management.

I will be championing social causes through the R3 green world Initiative and SDF as well. It can only get better from here.

What message do you have for young ladies aspiring to become a beauty queen?

Behind the glits and glam of a crown and sash lies a responsibility that only hard work, resilience and total dedication can fulfill. There's more to just a pretty face and a nice body. Your personality will have to shine and that's where personal development comes in. You have to work on yourself as being a beauty queen comes with a lot of engagements and challenges.

Also, believe in yourself enough to take up opportunities and spaces when they come. The greatest enemy of man is fear. Fear of the unknown. Finally, discover who you are and the purpose of your life, then run off with it. Let it be your driving force. Do not be scared of failing but be scared of failing to try. For each time you fail, you learn better ways of doing it. Consistency is the key to success.





Queen STELLA OGERI DIKE

MISS ENVIROMENT NIGERIA 2022

Stella Ogeri Dike is a native of Afikpo North Local government area of Ebonyi state. A law graduate and alumnus of Ebonyi state university, an environmental protection advocate, a fashionpreneur, humanitarian, beauty queen and commercial model.

As an endowed young intellectual, she seek to explore every potential nature has blessed her with and as well those she has deliberately cultivate through handwork and perseverance.

She is a fashion enthusiast and the creative director of the Lavidluxe Clothing brand, a Nigerian based Bespoke/ Ready to wear clothing and Leather Brand.

Queen Stella is also the founder of the R3 Green World Initiative, a nongovernmental organization aimed at creating awareness on environmental protection using the Reuse, Reduce and Recycle techniques for a greener and healthier world free of plastics. Her love for humanity has equally driven her to the path of humanitarian services, she currently run a Non-profit Foundation named after her late mum who bears same name as her, 'The Stella Dike Foundation'. SDF was officially launched on the 7th of January 2020, ever since then has taken on life changing projects and impactful campaigns.











MODEL TYPE: Fashion, Commercial & Pageant

Model

LOCATION: Lagos, Nigeria

HEIGHT: 5'7 WAIST: 30 BUST: 36 HIPS: 38

SKIN: Caramel tone

SHOE: 39 Agency: Nil

FOR BOOKING

Email:

stelladyke14@gmail.com

SOCIAL MEDIA

Instagram:

@official_stelladike
Facebook: Stella Dike

MODEL PROFILE



PAUL MARVEL

Pageant & Runway Model

Location: Port Harcourt

Height: 5'11

Waist: 30

Chest: 39

Shoulder: 18

Eyes: Deep brown

Hair: Black

Skin: Brown

Shoe: 44

Tattoos: Nill

Available for adverts, runway, editorial, photo & video shoot.











BOOK MODEL

Agency: Moavers Model Management

Instagram: @cute_mqrvel

Whatsapp: 09028944673

BILLIE SMOLSY

Billie Smolsy came to our Melbourne studio back in 2017 for her first ever photo away shoot. Right recognized huge modelling potential in the Ballarat-born beauty. She was a complete in front of the natural camera and took direction from her photographer Hana like she had been modelling for years. Billie Smolsy has since gone on to sign with IMG Models and is on her way to becoming a global superstar!



CHARLOTTE ALLEN

I came across Teen Model Australia on Instagram and noted that many other teen models follow them. Thev showcase teens and tweens on social media and in their magazines in a great positive competitive light. It's a industry, but they have a supportive and ageappropriate vibe. They hold regular competitions and know a lot about the industry. By being selected as one of their ambassadors, I hope that I will grow my network and be noticed within Australia and maybe even overseas!



OUTTH OPPOT BEFORE

QUEEN GRACE ALEMEDE

MISS HOTLEGS NIGERIA, 3RD RUNNER UP

You emerged as Miss Hotlegs Nigeria, 3rd Runner up, how does this make you feel?

I feel blessed. Its a dream come true for me and i see this as a big stepping stone for me to achieve greater things in future.

Tell us about yourself?

My name is Queen Grace Alemede, Miss Hotlegs Nigeria 3rd runner up. I am from Kogi state, a nurse and a professional model. I love saving lives.

What were the challenges you faced during the contest and how you overcame them?

During the contest I saw many participants from various backgrounds and with different levels of experience. The competition was fierce with participants who are well prepared and highly skilled, it was challenging to stand out and impress the judges, but All thanks to God who gives me the strength too keep on pushing during the contest.

What would you say stood you out from other contestants?

Well I will say my hot legs, beauty and brain

How was the bonding with other contestants?

It wasn't a problem bonding with other contestant, we bonded so well.

Do you feel you stood the chance of being the main winner?

Yes

What was your best moments during the pageant?

My best moments was during the dance rehearsals and food time. Time to getaway from all the seriousness and tension.

How long have you been in the modeling?

Been into Modelling since 2019.

What motivated you to contest for Miss Hotlegs Nigeria?

I was motivated because of the uniqueness of Miss hotlegs Nigeria.

How has winning this pageant changed your life?

Wining this pageant has changed my life tremendously and also giving me a platform to showcase the beauty of legs, reaching the unreachable which are the things I love doing.

How has your journey as a beauty queen been so far?

It has been awesome, great and nice, although challenges are bound to face, but wonderful.

Have you done any pet project yet, if yes, tell us about it

Yeah I had many projects done in rural communities Titled "Health is wealth ", I have a propose project yet to be executed All about Health care for women, it is such a nice experience to see people smile through reaching out to them.

Has been a beauty queen clashed with your personality?

Not at all.

Who is your role model?

My mother.

What does the sash and crown symbolize to you?

The crown symbolize authority, sovereignty, Grace, Beauty and accomplishment, while sash symbolize pride, honor and distinction and also responsibility.

If you were not a model, what other career would you have pursed?

A nurse

How has your journey as a beauty queen been so far?

It has been awesome, great and nice, although challenges are bound to face, but wonderful.

What is the plan for you and what should people expect from you?

My advice is to always believe in themselves, with belief they can achieve anything their mind is set on.

How has winning this pageant changed your life?

Wining this pageant has changed my life tremendously and also giving me a platform to showcase the beauty of legs, reaching the unreachable which are the things I love doing.



Which brands are you looking forward to work with?

International reputable brands.

Where do you see yourself in the next 5 years?

I see myself as very successful woman and a role model to so many girls out there.

Any advice to the aspiring models that aspire to wear the crown of Miss Hotlegs Nigeria?

My advice is to always believe in themselves, with belief they can achieve anything their mind is set on.

INTERVIEWING TIPS FOR A MODELING CAREER.

Working through an agency is the most common way for a model to get work. Doing well in a modeling interview is key to getting your foot in the door. Whether you were contacted by the agency or are going in on your own accord, you need to present yourself in the best light to make a lasting impression. This means you'll have to rely on more than just your good looks to ace the interview. Prepare with our interviewing tips for a modeling career!

Do Your Research

Research the agency, so you know what kind of models they represent as well as what their body style, portfolio, and other requirements are. This ensures you fit the criteria and are well-prepared for the interview. Many agencies put this information on their website, but you can also call them.

Prepare a Portfolio

A portfolio is one of the most effective tools an aspiring model has. Agencies may specify the number and type of photos you need to have in your portfolio. The minimum is generally one portrait photo and one in upright body position You can also include simple poses such as sitting, profile and looking over your shoulder. You usually don't have to smile, but you may wish to have some pictures with varying facial expressions to show versatility. The clothing you wear should be tight-fitting, such as swimwear, tank tops, and skinny jeans. Do not wear any make-up in the shots, as the agency needs to see how you look completely natural.

Prepare a Resume

This document provides the interviewer with the most pertinent information about you at-a-glance. It contains information on your past modeling work, any training as an actor or any awards. Also a list of shows or publications you've appeared in, as well as any educational background you have in fashion or a related field. You can also include your body measurements, including height, weight, bust, waist, hips, inseam, dress size and shoe size. Some agencies though require you to put this information in a separate document called a "comp card".

Take Care of Your Appearance

Your hair, nails, and skin must be clean, neat and free of blemishes. You will want to look as natural as possible, so use a sparing amount of make-up. This may include a little bit of foundation, mascara, eye shadow, and lip gloss.

Practice Modeling

The interviewer will assess how well you pose and walk, so practice beforehand to make sure you've at least got the basics down. Watch videos and look in magazines to get ideas for poses, facial expressions and how to walk a runway. Try things out in a mirror to make sure it looks good, then ask family members and friends to watch and give you some pointers. Practice maintaining your composure in any situation.

Think of Answers to Common Questions

Modeling interviews usually involve some standard questions. These most often include questions about how long you've been modeling, any especially notable shows or publications you've appeared in. It may also be about the type of modeling you want to do (e.g. commercial, fashion, etc.), and why you want to work with that particular agency.



A premium Bespoke/Ready to wear clothing and Leather brand that manufacture high quality yet affordable male & female wears, ranging from Bespoke, RTW, Casual street wears & a wide range of leather which include products unisex footwear, Men's Footwear, Women's footwear, bags, Belts, Wallets etc.

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Be Elegant, Be Beautiful, Join us on an ageless adventure of fashion.



EXCLUSIVE INTERVIEW WITH

QUEEN VIVIAN EDWIN

QUEEN OF IGBOWOOD 2022

Q

ueen Vivian Edwin popularly know as Queen diva is a final year student of Nnamdi Azikiwe University, studying her dream course, theatre and film. She hails from Abagana, Anambra state and the current Queen of Queen Igbowood.

What were the challenges you faced during the contest and how you overcame them?

Well I guess money was the biggest challenge I had and then making choices for my different outfits was also a kind of challenge. I had to talk to one of my uncle abroad to help me with funds for the contest and he obliged, if not for him, I don't know where else I would have gotten the funds from and to him I'm forever grateful to and for the choice of outfits. I had a problem selecting which was best and which to go for so I had to ask my superiors and my friends to make their choices from the ones I selected and the one majority chose was the one I went for.

What would you say stood you out from other contestants?

My uniqueness, calmness, boldness, smiles, confidence, cheerfulness and doing the same thing every one does in an entirely different way.

How was the bonding with other contestants?

It wasn't hard bonding with them because I really know how to accommodate people. I have a high level of tolerance and my calmness is 100 percent and I'm very humble, I am beautiful and I have a lovable personality so it wasn't hard bonding with them as they were lovable and all friendly too.

What was your best moments during the pageant?

I guess it was the moment I was announced the winner of the pageant.

How long have you been in the modeling?

4 years now.

What motivated you to contest for Queen of Igbowood?

The former pageantry I contested for, I was the best contestant but I wasn't given my rightful crown so I refused to back down and I said I won't give up until I get what I deserve.

How has winning this pageant changed your life?

It has been an amazing journey. Meeting new people and important personalities too. Going for different events and been recognized and addressed as a queen...that sure feels good.

How has your journey as a beauty queen been so far?

It's been wonderful journey, it has changed somethings about me. like the way I walk, the way I talk and the things I do. And also the respect and recognition I get from people even the ones that are older and more important than I am. It's really been an amazing journey truly.

Have you done any pet project yet? if yes, tell us about it

I have a pet project I'm to work on and it's still under way, it hasn't been actualized yet.

Has been a beauty queen clashed with your personality?

Not really, before becoming a pageant queen, I knew the do's and don't of a queen and it has been my lifestyle and personality so been a pageant queen just complimented my personality and made me a true queen indeed.

Who is your role model?

Kylie Jenner

What does the sash and crown symbolize to you?

It symbolizes royalty responsibility and reward for hard work.

Tell us about Queen of Igbowood pageant?

It's a pageantry hosted by Igbowood and Igbowood is an association of indigenous Igbo film Makers worldwide.

If you were not a model, what other career would you have pursed?

Acting and dancing and I'm still pursuing acting because I'm passionate about it too.

Which brands are looking forward to work with?

I look forward to working with lush hair, New age, Dufil prima foods and Coca cola.

Where do you see yourself in the next 5 years?

One of the biggest models and actress in Nigeria.

Any advice to the aspiring models that aspire to wear the crown of Queen of Igbowood pageant?

I will say they should be humble, hardworking, smart cheerful and friendly and they should also never give up until they get their crown!



JAMES VICTORIA

Fashion. Runway & Commercial Model

Location: Lagos state

Height: 5'2

Waist: 26

Bust: 28

Hips: 28

Eyes: Black

Hair: Black

Skin: Dark

Shoe: 37/38

Tattoos: None

Available for brand infleuncer, runway, tv adverts, fashion & commercials.















BOOK MODEL

Agency: Freelance

Instagram: @kid_model_vhee

Whatsapp: 09034890097



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Email:

belaninusheringagency@gmail.com



SOUTH EAST, NIGERIA



With the modelling industry adapting and changing every day, the demand for curve models is increasing. The "body positivity" movement has prompted agencies and industry to start to embrace bodies of all shapes and sizes. Therefore, everyone has a chance to celebrate their bodies, both in and out of the industry!

With the curve modelling sector growing and changing, so is the clothing industry and people are becoming a lot more aware of what clothing suits their body type.

1. Ensure you get your sizing right

It is important to wear the "right size" clothing. Try avoiding wearing sizes that are too small for the body, as it accentuates the wrong areas. On the other hand, wearing loose clothes can make you give a wrong impression of your overall body structure and sizing. The better the sizing, the more flattering it looks. That being said, when shopping feel free to try out different sizes of clothes, as a lot of brands are known to have different clothing sizes under the universal size numbers.

7 STYLING TIPS FOR CURVE MODELS

2. Define your waist

Cinching waists helps to project a slimmer waistline and provides an hourglass figure. It is recommended to wear high waist belts for shorter people, as it will elongate their overall appearances and make their legs look longer. Tuck the belts with loose fitted fabric to avoid the "bulging effect". Avoid wearing thick belts as it can bring attention to the width of a person, which completely defeats the purpose of the cinched effect.

3. Avoid rounded toe shoes

Often rounded shoes can have the impact of making anyone look shorter. A look overall can be elongated by wearing pointed or open toe shoes. This will make the legs look longer and well-balanced.

4. Utilise strategic Patterns

Patterns can be a tricky matter when it comes to balancing an overall look. Bold coloured, thick patterns can give the impression of a different body size and can bring attention to the wrong body parts. Whereas, smaller and darker coloured patterns can complement the style and the form. For example, smaller polka dots can make the figure look a lot more flattering than bigger ones.

5. V Necks are the Best

V neck tops can elongate the appearance of the waist. V neck tops can help direct focus from any problematic area to the bust area. This can also make the look more feminine and playful.

6. High Waist Bottoms compliment anyone's figure!

High waisted pants or skirts with pointed or opentoe shoes are often great pairs that elongate the look, beautifully. To complete the look, wear a semifitted top which ends on the waistline if not slightly under.

