



FOURWALL

TABLE OF CONTENTS

- 1 EDITOR'S NOTE
- 6 COVER STORY: AIS ELESHIA
 - SKINCARE ESSENTIAL
 - 12 JOY ODINU
 - 13 COVER INTERVIEW: QUEEN NWEBEDU CHINEME
 - 18 COVER INTERVIEW: QUEEN PRAISE GREEN
- 20 COVER INTERVIEW: QUEEN MIRACLE AMBROSE
- 22 INTERVEIWING TIPS FOR A MODELING CAREER
- 24 7 STYLING TIPS FOR CURVE MODELS

SEPT 2023 | SPECIAL ISSUE

EDITOR'S NOTE



Welcome to the 27th edition September special issue featuring international super model, AIS ELESHIA and the winners of Miss Teen Nigeria.

In a world that constantly urges us to compare ourselves with others, its essential to remember that each one of us walks a different path. Our journey is uniquely ours, shaped by our experiences, passions, and dreams. In this edition, e celebrate the spirit of individuality and delve into stories that inspire us to compete not with others, but with ourselves.

Our cover personalities, exemplifies the beauty of self-competition, sharing how they finds fulfilment by measuring their progress against their own goals rather than comparing themselves to others. In a candid interview, they reveals their secrets to winning pageant and proving that true success lies in pursuing our personal best. Let us remind ourselves that our journey is our own!



Get Featured

ON FOLIDWALL MAGAZINE

Advertising on Fourwall Magazine provides a unique opportunity to reach a huge audience in a creative and compelling way online through texts, sounds and visuals. At Fourwall, we present your brand's message in a more beautiful and engaging way than any other magazine. We have a creative team ready to work with you to create greatlooking, effective adverts to get the best out of our ad space.

Fourwall Magazine Advert Rates are reasonably priced. Advertising with us is guaranteed to give you maximum exposure!

Our magazine is circulated nationwide in Nigeria and major cities 12 countries and with over 25,000 online readers.

We also use channels such as commercial brands, spa centers, lounges, bars, hotels, supermarkets, hair saloons, shopping malls, local airplane and events.

For Advertising Rates, Features, Model's Portfolio and inquiries, please send an email to:

fourwallmagazine@gmail.com

WhatsApp Or Call: +2347062445649



AIS ELESHIA

International Supermodel Reflects On Her Life And Career...



Eleshia Ais is a well-renowned former Miss Kenya Intercontinental 2018, Miss Style 2019 and Miss Fashion Globe 2020, and an international runway model, she traveled to over 20 countries in Europe, Asia, America and Africa. Now an Author, Cosmetologist and Business woman, she as been nominated for 5 international awards and she won 3 of them. Eleshia won Asia Awards in 2021, Women Icon awards 2022 and LMA awards 2023. As founder of Reines Palace Cosmetics, she has been committed to bringing safe products for all skin types.

September 2023

Issue 27

WHEN DID YOU DECIDE TO TAKE UP MODELING AS A CAREER?

Modeling is a passion for me. I don't consider it my career.

WHAT INSPIRED YOU THE MOST?

This might not make a lot of sense, but my failure and the rejections i received starting my journey as a model inspired me to be better and try harder.

WHAT IS THE BIGGEST MODELING JOB YOU HAVE DONE SO FAR?

I consider every opportunity i get big because I learn new things every day. I used to focus on well-known brands, but i have realized that everyone deserves a chance. All those big brands we worship both started as these small ones. This kind of thinking is the reason why many graduates are jobless. Every company wants experienced workers, yet no one want to give them a chance to gain that experience.

LOOKING BACK AT HOW YOU STARTED, WHAT WOULD YOU SAY STOOD YOU OUT IN YOUR CAREER?

Being myself, i am always myself, i know how imperfect i am, and i have accepted it. I dont want to be perfect, and i don't compete with anyone other than myself.

HOW WOULD YOU DESCRIBE YOUR PERSONAL STYLE?

Simple and unique.

WHAT'S YOUR ROUTINE FOR STAYING IN SHAPE?

I do exercise, and i stay on a diet often.

WHAT HAS BEEN THE MOST FUN RUNWAY SHOW THAT YOU HAVE BEEN PART OF?

In my four years experience, the most fun runway was in Amsterdam during Africa Fashion Week Amsterdam 2023. Everyone was friendly and very caring, from the organizers, designers, photographers, Beauticians, and models. I can say we were one big family.



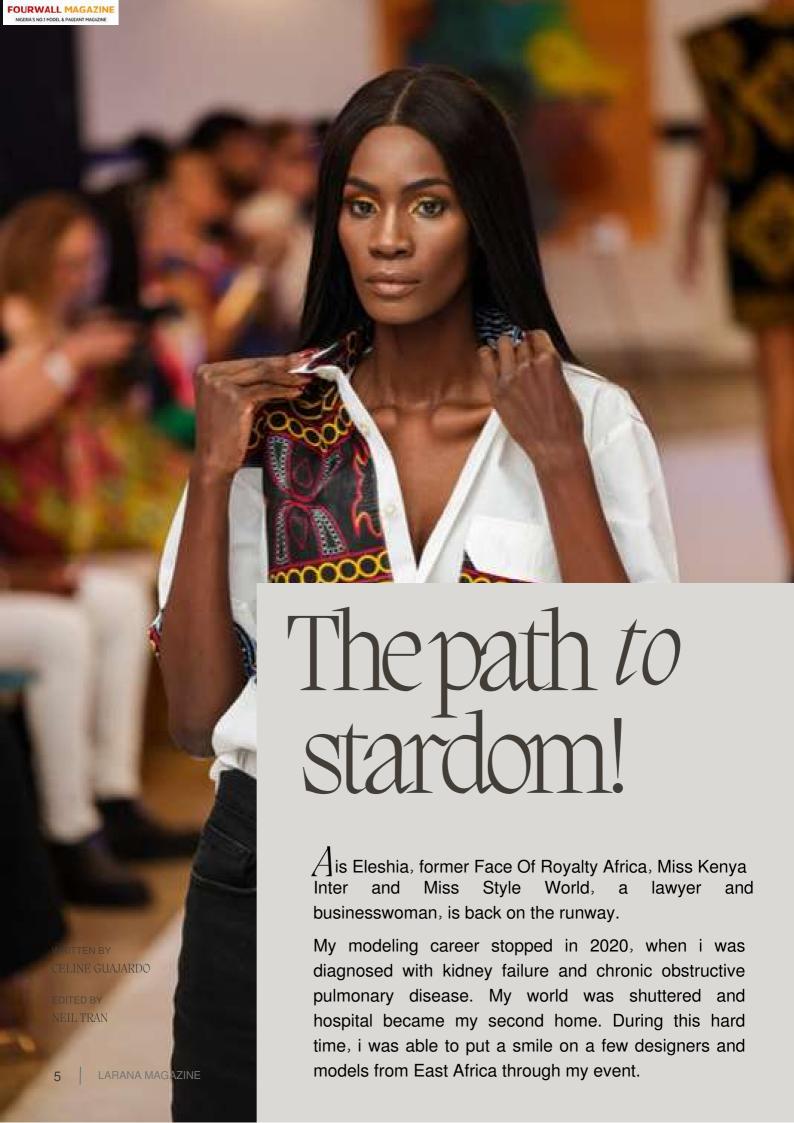


WHAT ADVICE WOULD YOU GIVE TO SOMEONE WHO IS PLANNING TO START MODELING?

From my own experience, i would advice others to always have another career too and not depend only on it. Secondly it's important to know that just because someone you look up to was or is successful in the industry does not mean you will or will not. Being a model is not all about taking good photos or having a beautiful body and face, it takes more than beauty to be a brand. Lastly, self respect, respect yourself enough to understand that whatever will cost you your dignity and self respect is not worth it. Believe in yourself and capabilities, and don't let anyone make you believe that easy things aren't expensive.

FINALLY, WHAT ARE YOUR PLANS FOR THE FUTURE?

No comment.



East Africa International Fashion Week, written and published two books. Passion of life and Choosing Me. only three of my friends knew what i was going through.

I am not healed, and this might take more time, but as long as i can now breathe on my own, i have to keep going.

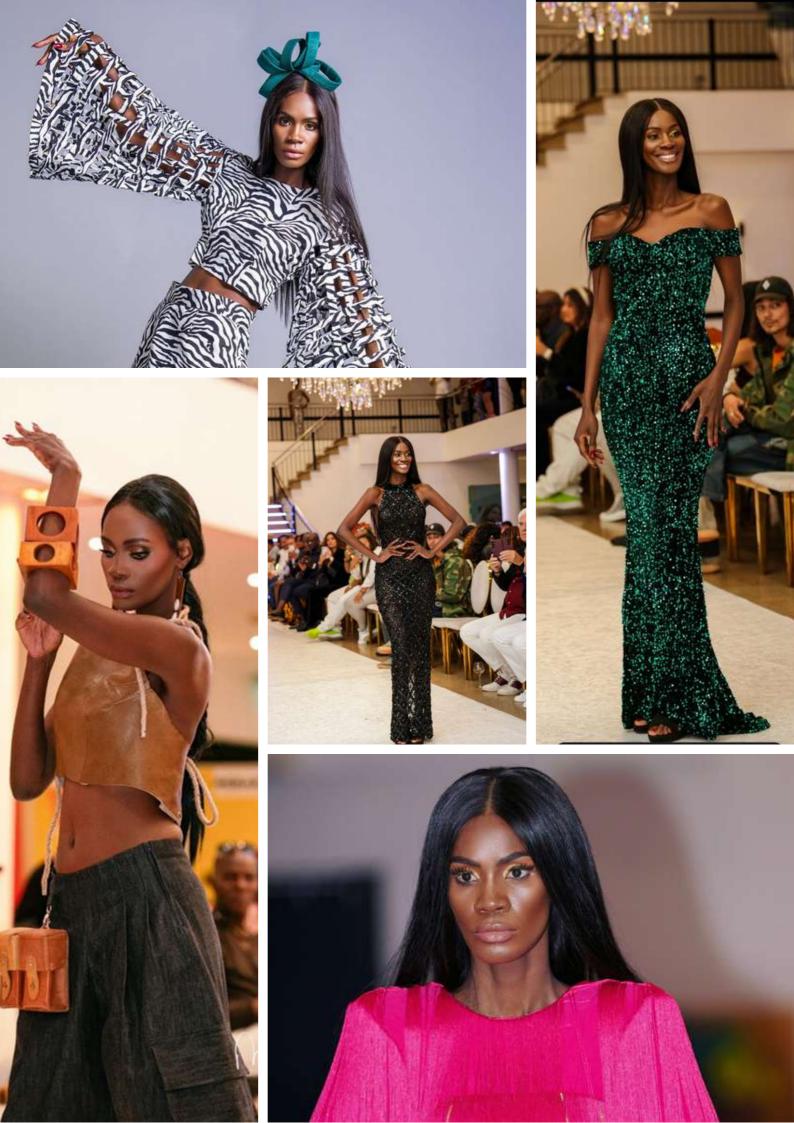
Not being able to breathe on your own and having to pay for oxygen has taught me one lesson, Life is precious. This is my second chance, i might still be living it taking medication, but as long as i am on my feet, i will do what i love. Fashion as and will always be my first love.

My first event was in the Netherlands on the 30th and 31st of August 2023, Africa Fashion Week Amsterdam. This is just the beginning as i await more fashion weeks in Europe.

The only advice i can give to anyone right now is to be kind. We don't know what people are going through behind their smile. Let's judge less and love more.



Less is always more





What Is Niacinamide?

Niacinamide is a form of vitamin B3 that helps to soothe redness. reduce hyperpigmentation and aid in hydration, per the National Center for Biotechnology Information (NCBI). The great thing about topical niacinamide is that it has minimal side effects, per the NCBI. Furthermore, Dr. Henry recommends the ingredient for its soothing and anti-inflammatory properties, and for those with sensitive skin. "It contributes to moisturizing the skin, and it also contributes to fortifying the skin barrier and reducing inflammation," she says.

What Is Vitamin C?

Vitamin C is an antioxidant known for its brightening and anti-aging abilities in topical skin care applications, per the NCBI. There's a good chance you already use a vitamin C serum or moisturizer in your morning routine to fight hyperpigmentation and dullness. There are many different forms of vitamin C found in topical skin care; L-ascorbic acid is vitamin C in its strongest and purest form, and it's highly effective in topical skin care applications, per the NCBI.

Can You Use Niacinamide With Vitamin C?

For years, it was recommended to use niacinamide and vitamin C in separate routines because vitamin C formulations weren't always stable, Dr. Henry says. Furthermore, per the Indian Dermatology Online Journal, when a vitamin C formula isn't stable, it's not as effective on the skin, and when you pair it with certain ingredients, like niacinamide, that can make both ingredients ineffective. Vitamin C serums can become unstable when the formula is exposed to air and sunlight. A good indication that your vitamin C serum is no longer stable is if it becomes a dark, amber color.

Today, formulations have improved and sometimes, niacinamide can be successfully paired with vitamin C, but you really have to pay attention to the products you're using. In fact, it's highly situational, but your best chance is to use vitamin C serum and niacinamide serum formulated to be used together. L'Oréal Paris recommends using L'Oréal Paris Revitalift Derm Intensives 12% Pure Vitamin C + E + Salicylic Acid Serum and L'Oréal Paris Bright Reveal 12% [Niacinamide + Amino Sulfonic + Ferulic Acid] Dark Spot Serum in the same routine to target dullness and dark spots. This way, you can confidently use both in the same regimen because the brand has formulated them with the intention to pair if needed.

THE NEXT SUPERMODEL!

My name is Odinu Joy, popularly know as JD. I'm from Imo state based in Abuja. A fashion, commercial, face and brand model.

I started modeling 24th May 2021. I enrolled in Onyx Modelz, graduated as a professional model then decided to become a freelance model. I've struggled to be where I am today with a lot of training and encouragement from my friends and family. It's hasn't been easy i worked day and night, under rain and sun to be at this position right now. I'm still pushing myself to becoming a better and professional model.

Fashion is something that has always intrigued me, the statement it makes without a word being uttered and this is why I love modeling or as a i jokingly call it; play dress up.



Modeling is my way of expressing myself through fashion, bringing to life the many unique creation of designers.

My driving force has been to give voice and to speak the language of fashion with my body, I have worked with photographers in creating ideas and concepts that tells stories especially in the area of Africa culture. I have also modeled for fashion brands.



QUEEN NWEBEDU CHINEME

MISS TEEN NIGERIA 2023

HOW DO YOU FEEL EMERGING MISS TEEN NIGERIA 2023?

feel great, I feel happy, and I see this as a stepping stone to higher grounds and height for me.

TELL US ABOUT YOURSELF?

MY NAME IS CHINEME NWEBEDU JUNIOR. I AM 17 YEARS OLD FROM AHOADA LOCAL GOVERNMENT AREA,RIVERS STATE. I AM A MAKEUP ARTIST AND AN ENTREPRENEUR.

WHAT WERE THE CHALLENGES YOU FACED DURING THE CONTEST AND HOW YOU OVERCAME THEM?

One of the challenges I faced was my body, I was way to fat and hefty than the other contestants, it kinda discouraged me, but I overcame by reminding myself that I came here to win the crown, so I had to over look that challenge.

WHAT WOULD YOU SAY STOOD YOU OUT FROM OTHER CONTESTANTS?

I should say good character, boldness, communication and meekness.

WHAT WAS THE REACTION OF YOUR FAMILY AND FRIENDS WHEN YOU WERE ANNOUNCED WINNER?

Firstly my mum attended with my younger ones, my mum was shocked and happy, cuz she never expected to see me display with such enthusiasm and win, and then my dad wasn't aware thou, but I told him the night I won, he was very very excited and proud of me.

HOW LONG HAVE YOU BEEN IN THE MODELING?

Not up to a year.

WHAT DOES WINNING MISS TEEN NIGERIA MEAN TO YOU?

It means alot, I learnt alot from miss teen Nigeria pageant.



WINNER MISS. TEEN NIGERII

TELL ABOUT THE PET PROJECT YOU INTEND TO EMBARK ON OR HAVE DONE?

Well my pet project is titled " pad a pal" and I'd go to a school to teach teenagers about menstrual hygiene, and menstrual rules, and also share pads to them.

WHO IS YOUR ROLE MODEL?

I don't really have a role model, every model, or beauty queen out there is my role model.

WHAT DOES THIS SASH AND CROWN SYMBOLIZE TO YOU?

My sash and crown symbolize; Recognition, authority , boldness, and beauty

WHAT SHOULD PEOPLE EXPECT FROM YOU DURING YOUR REIGN?

People should expect a lot eg charity (giving), pictures, educational talks, and live sessions.



WHICH BRANDS ARE LOOKING FORWARD TO WORK WITH?

I don't have a particular brand in mind to work with, but I look forward to work with fashion brands, cosmetics brands, hair brands, photographers too etc.

WHERE DO YOU SEE YOURSELF IN THE NEXT 5 YEARS?

in the next 5 years I see my self becoming the dream girl I want, an influential and independent woman, model, and beauty queen.

ANY ADVICE TO THOSE ASPIRING THAT TO WIN A PAGEANT?

the best advice I can give to aspiring models if just . Keep pushing your time would come, stop procrastinating, don't be lazy, get up to get what you want, because your destiny won't come and meet you, you have to go get it yourself.

BILLIE SMOLSY

Billie Smolsy came to our Melbourne studio back in 2017 for her first ever photo Right away shoot. recognized huge modelling potential in the Ballarat-born beauty. She was a complete in front of the natural camera and took direction from her photographer Hana like she had been modelling for years. Billie Smolsy has since gone on to sign with IMG Models and is on her way to becoming a global superstar!



CHARLOTTE ALLEN

I came across Teen Model Australia on Instagram and noted that many other teen models follow them. Thev showcase teens and tweens on social media and in their magazines in a great positive competitive light. It's a industry, but they have a supportive and appropriate vibe. They hold regular competitions and know a lot about the industry. By being selected as one of their ambassadors, I hope that I will grow my network and be noticed within Australia and maybe even overseas!

Queen DEMAIN JUDITH

FACE OF IMSU 2023

Demain Judith, a 23 year old, model, and site manager, who is extremely interested in rural planning and the political process that is focused on the development and design of land use. She is currently pursuing a bachelor's degree in urban and regional planning. She was born first of 6 wonderful siblings, and she was taught to understand that smart work and hard work put together with prayers, pays-and it's a major way to success.

Its important to note that she lives a life of happiness assembled with love and makes sure the air around her is conducive. Aside being a student, Judith loves reading, researching, traveling, in every case trying to refine herself and for the records She is sanguine, Judith also enjoy herself and time In front of cameras, taking pictures, and would say modeling is good with her.

Judith practices fashion designing for males occasionally and wish to stretch out in the future. She also joins her uncle who is an engineer, visit building site and help with some paperwork's since it helps her get practical knowledge of her course of study.

Judith's philosophy of life is that everyone merits humane treatment particularly those in rural areas, they are entitled to an improved system of living and as such access to attainable social amenities.





ABOUT MR & MISS IMSU P A G E A N T





r and Miss Imo state University is campus most biggest pageant started with the sole aim of empowering Students of the university and harnessing their potentials.

The pageant which is organized by slam Affairs Has lived upto to its expectations as it has produced Kings and Queens who are doing well and has represented the country internationally, Last year King isinwa Senator represented Nigeria at the mister global Competition in Thailand where he made Nigeria proud by Emerging Mr Popularity and currently miss Imsu 2022 Queen Dorcas is representing Nigeria at the Miss Teen Tourism pageant in Ghana.

The search for campus most desirable student for this year started in the month of May and on the 28th of July a new MR AND MISS IMSU emerged King prosper NDee and Queen Adakolam Sunshine.

This years event was packaged by Slam affairs and Bnc pals



EXCLUSIVE INTERVIEW WITH

QUEEN PRAISE GREEN

MISS TEEN NIGERIA 2023, 1ST RUNNER UP

TELL US ABOUT YOURSELF?

'm Praise Green, an 18 years old student and fashion designer from Akwa ibom state.

HOW DO YOU FEEL EMERGING THE 1ST RUNNER UP?

It feels good.

WHAT WERE THE CHALLENGES YOU FACED DURING THE CONTEST AND HOW DID YOU OVERCOME THEM?

The late arrival of food, but I made do with snacks

DO YOU THINK YOU SHOULD HAVE BEEN CROWNED THE MAIN WINNER?

I don't know

WHAT WAS YOUR BEST MOMENT DURING THIS PAGEANT?

The all white party

HOW LONG HAVE YOU BEEN IN THE MODELLING INDUSTRY?

3 years

WHAT MOTIVATED YOU TO CONTEST FOR MISS TEEN NIGERIA?

The passion for Modelling and the monetary value attached

HOW HAS WINNING THIS CHANGED YOUR LIFE?

It has made me more active socially.

HOW DO YOU COPE WITH THE RESPONSIBILITIES THAT COMES WITH BEING A BEAUTY QUEEN?

With the help from my family, there has really been no interference.

HAVE YOU DONE ANY PET PROJECT YET? IF YES TELL US ABOUT IT?

No

Has been a beauty queen clashed with your personality?

Not really, it has only elevated it.

ANY BAD EXPERIENCE SINCE YOU STARTED MODELING?





EXCLUSIVE INTERVIEW WITH

QUEEN MIRACEL AMBROSE

MISS TEEN NIGERIA 2023, 2ND RUNNER UP

CONGRATULATIONS ON EMERGING MISS TEEN NIGERIA 2ND RUNNER UP, HOW DOES THAT MAKE YOU FEEL?

am really Glad to be a queen of miss teen Nigeria I feel so excited and honored.

TELL US ABOUT YOURSELF?

I'm Ambrose Miracle from Akwa Ibom state am 17 years old. I am the third daughter of my parent, I run a small piety business if mine a thrift store and a Laundry service.

WHAT WERE THE CHALLENGES YOU FACED DURING THE CONTEST AND HOW DID YOU OVERCOME THEM?

The challenges I faced was the make up challenge nd I overcomes it by learning how to do makeup myself online nd from my fellow contestants

WHAT WAS YOUR BEST MOMENTS DURING THE PAGEANT?

The swimming and coronation was my best moments

WHAT MOTIVATED YOU TO CONTEST FOR MISS TEEN NIGERIA?

My love nd passion to be a beauty queen motivated me

TELL US MORE ABOUT MISS TEEN NIGERIA?

Miss Teen Nigeria is a brand that helps promotes the female children it a brand that speaks about the discrimination between the female child nd male child.

HOW HAS WINNING THIS CHANGED YOUR LIFE?

It impacted me nd thoughts me to keep on facing nd chasing my goals for greater heights.

WHAT IS THE PLAN FOR YOURSELF GOING FORWARD IN MODELING?

I wish to be a fashionista a walkway fashion model that would walk down so many fashion show someday

ANY PET PROJECT YOU WOULD WANT TO CARRY OUT?

Yes I would like to center my pet project on poverty elevation helping the poor in any form like food clothes.. and support that will help in life

HAS BEEN A BEAUTY QUEEN CLASHED WITH YOUR PERSONALITY?

No it haven't caused I poses the greater of a beauty queen.

ANY BAD EXPERIENCE SINCE YOU STARTED MODELING?

No

WHO IS YOUR ROLE MODEL?

I have a lot of role models (Aryraa star the musician I actually love her because of her sense of fashion.

WHAT DOES THE SASH AND CROWN SYMBOLIZE TO YOU?

It symbolizes honored nd dignity.

WHICH BRANDS ARE LOOKING FORWARD TO WORK WITH?

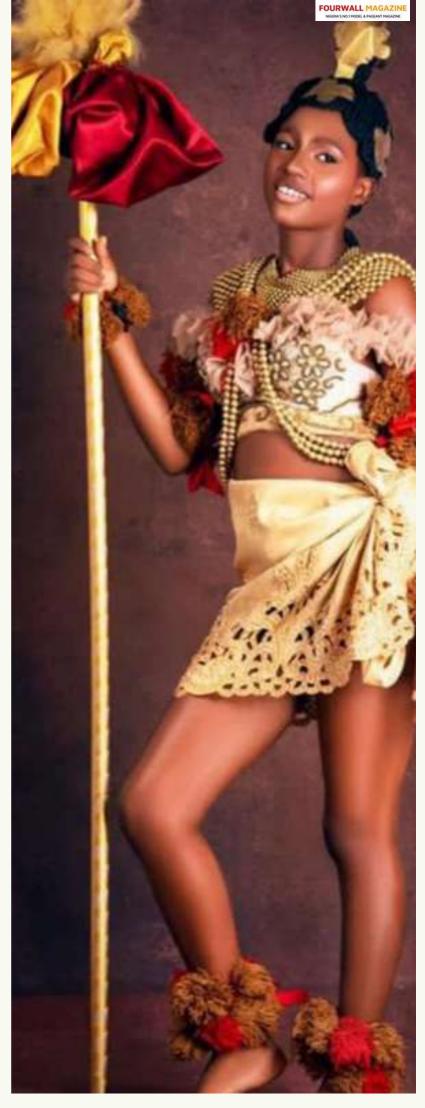
Miss Steph Pageant

WHERE DO YOU SEE YOURSELF IN THE NEXT 5 YEARS?

I see myself in the university studying medicine nd surgery

ANY ADVICE TO THE ASPIRING MODELS THAT ASPIRE TO BECOME A BEAUTY QUEEN?

My advice to all aspire model is that no matter what your height ,your looks never give up on your dream of becoming a model cause if I can do it then you can do it too.



INTERVIEWING TIPS FOR A MODELING CAREER.

Working through an agency is the most common way for a model to get work. Doing well in a modeling interview is key to getting your foot in the door. Whether you were contacted by the agency or are going in on your own accord, you need to present yourself in the best light to make a lasting impression. This means you'll have to rely on more than just your good looks to ace the interview. Prepare with our interviewing tips for a modeling career!

Do Your Research

Research the agency, so you know what kind of models they represent as well as what their body style, portfolio, and other requirements are. This ensures you fit the criteria and are well-prepared for the interview. Many agencies put this information on their website, but you can also call them.

Prepare a Portfolio

A portfolio is one of the most effective tools an aspiring model has. Agencies may specify the number and type of photos you need to have in your portfolio. The minimum is generally one portrait photo and one in upright body position You can also include simple poses such as sitting, profile and looking over your shoulder. You usually don't have to smile, but you may wish to have some pictures with varying facial expressions to show versatility. The clothing you wear should be tight-fitting, such as swimwear, tank tops, and skinny jeans. Do not wear any make-up in the shots, as the agency needs to see how you look completely natural.

Prepare a Resume

This document provides the interviewer with the most pertinent information about you at-a-glance. It contains information on your past modeling work, any training as an actor or any awards. Also a list of shows or publications you've appeared in, as well as any educational background you have in fashion or a related field. You can also include your body measurements, including height, weight, bust, waist, hips, inseam, dress size and shoe size. Some agencies though require you to put this information in a separate document called a "comp card".

Take Care of Your Appearance

Your hair, nails, and skin must be clean, neat and free of blemishes. You will want to look as natural as possible, so use a sparing amount of make-up. This may include a little bit of foundation, mascara, eye shadow, and lip gloss.

Practice Modeling

The interviewer will assess how well you pose and walk, so practice beforehand to make sure you've at least got the basics down. Watch videos and look in magazines to get ideas for poses, facial expressions and how to walk a runway. Try things out in a mirror to make sure it looks good, then ask family members and friends to watch and give you some pointers. Practice maintaining your composure in any situation.

Think of Answers to Common Questions

Modeling interviews usually involve some standard questions. These most often include questions about how long you've been modeling, any especially notable shows or publications you've appeared in. It may also be about the type of modeling you want to do (e.g. commercial, fashion, etc.), and why you want to work with that particular agency.

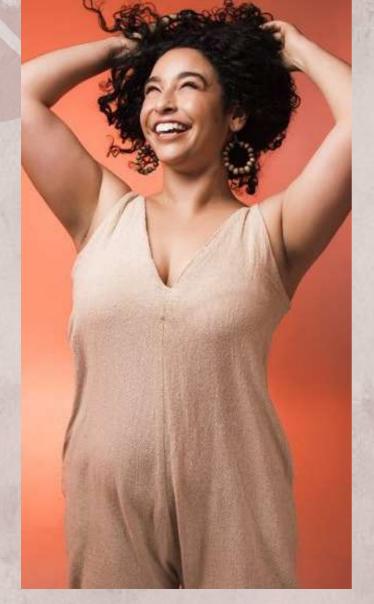


A premium Bespoke/Ready to wear clothing and Leather brand that manufacture high quality yet affordable male & female wears, ranging from Bespoke, RTW, Casual street wears & a wide range of leather which include products unisex footwear, Men's Footwear, Women's footwear, bags, Belts, Wallets etc.

Our vision is to adorn men and women of all shape, size, age, and color with unique & timeless pieces made from high quality materials & designed to perfection to suit fashion needs.

It's an ageless adventure of fashion with us as we are constantly improving our creativity & style to blend with modern day fashion trends.

Our passion is fueled by the desire to guarantee quality delivery and customer satisfaction through our products. If you are looking for that one stop exclusive fashion brand, search no more, we are here to help you elevate your fashion style.



With the modelling industry adapting and changing every day, the demand for curve models is increasing. The "body positivity" movement has prompted agencies and industry to start to embrace bodies of all shapes and sizes. Therefore, everyone has a chance to celebrate their bodies, both in and out of the industry!

With the curve modelling sector growing and changing, so is the clothing industry and people are becoming a lot more aware of what clothing suits their body type.

1. Ensure you get your sizing right

It is important to wear the "right size" clothing. Try avoiding wearing sizes that are too small for the body, as it accentuates the wrong areas. On the other hand, wearing loose clothes can make you give a wrong impression of your overall body structure and sizing. The better the sizing, the more flattering it looks. That being said, when shopping feel free to try out different sizes of clothes, as a lot of brands are known to have different clothing sizes under the universal size numbers.

7 STYLING TIPS FOR CURVE MODELS

2. Define your waist

Cinching waists helps to project a slimmer waistline and provides an hourglass figure. It is recommended to wear high waist belts for shorter people, as it will elongate their overall appearances and make their legs look longer. Tuck the belts with loose fitted fabric to avoid the "bulging effect". Avoid wearing thick belts as it can bring attention to the width of a person, which completely defeats the purpose of the cinched effect.

3. Avoid rounded toe shoes

Often rounded shoes can have the impact of making anyone look shorter. A look overall can be elongated by wearing pointed or open toe shoes. This will make the legs look longer and well-balanced.

4. Utilise strategic Patterns

Patterns can be a tricky matter when it comes to balancing an overall look. Bold coloured, thick patterns can give the impression of a different body size and can bring attention to the wrong body parts. Whereas, smaller and darker coloured patterns can complement the style and the form. For example, smaller polka dots can make the figure look a lot more flattering than bigger ones.

5. V Necks are the Best

V neck tops can elongate the appearance of the waist. V neck tops can help direct focus from any problematic area to the bust area. This can also make the look more feminine and playful.

6. High Waist Bottoms compliment anyone's figure!

High waisted pants or skirts with pointed or opentoe shoes are often great pairs that elongate the look, beautifully. To complete the look, wear a semifitted top which ends on the waistline if not slightly under.



FOURWALL OUTREACH 0.5

PUT A SMILE ON A CHILD'S FACE

JOIN US AS WE GIVE HOPE TO THESE CHILDREN ON THE STREET BY PROVIDING FOODS. AND CLOTHES TO PUT A SMILE ON THEIR FACES.

WE NEED HELP WITH

- Feed 100 Children
- Donations
- Clothing
- Special gifts

FOR DONATION

Name: Fourwall Magazine

Account: 6341654383

Bank: Moniepoint MFB

FOR MORE INFORMATION







Portolio

SIGN UP NOW

Create a professional modeling portfolio and market yourself to various commercial brands and potential clients.





premiummodelsapp.com

For More Info **© 07062445649** premiummodelsapp.com